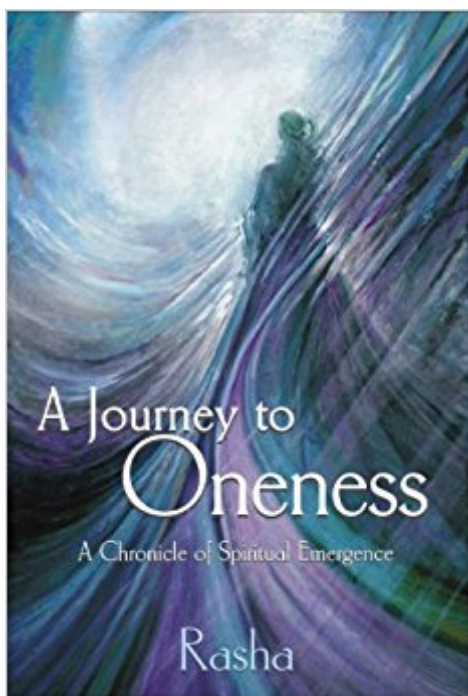


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# A Journey To Oneness: A Chronicle Of Spiritual Emergence



## Synopsis

"AN EXTRAORDINARY VOYAGE THROUGH THE LABYRINTHS OF CONSCIOUSNESS! In A Journey to Oneness--the long-awaited sequel to the spiritual classic, Oneness--Rasha takes us on a fascinating seven year odyssey, as she shares the incredible story of her own spiritual journey. With the profound wisdom of Oneness (the Divine Presence many refer to as "God") to light the way, this vivid literary tapestry gives us a candid glimpse into the depths of the awakening process and takes us for an authentic ride on the roller coaster of spiritual transformation. The loving words of Oneness, woven throughout, convey a deep sense of the sacred. And the simple act of reading becomes a life changing Divine encounter that each reader shares on an intimate, personal level. Rich with Divine insight, A Journey to Oneness gives us a vibrant new vision of the nature of humanness and an in-depth guide to discovering the Divinity within. Here, in one woman's unforgettable spiritual adventure, is the key to the actual experience of Oneness--the God within us all."

## Book Information

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## Customer Reviews

Author of Oneness and The Calling, Rasha awakened to her inner-calling as a messenger of Divine guidance in 1987. She has dedicated her life to addressing the profound spiritual awakening that's the hallmark of these times. Her teachings are universal and do not represent the beliefs of any religion, spiritual movement or guru. An incurable world traveler with an affinity for India and Northern New Mexico, Rasha actively continues to document the teachings of Oneness for future

volumes.

Rasha has made it clear that *Journey to Oneness* would be an account of her own spiritual journey, and because of this I almost didn't buy the book. I had already read the teachings of Oneness and didn't have any interest in reading what I thought would just be an autobiography. However, curiosity got the best of me and once I started reading this book I couldn't put it down! For those who want some clarification on the difference between this book and Oneness: *Journey to Oneness* is not going to read like a "Oneness Part Two." Oneness outlined important spiritual teachings, but *Journey to Oneness* is different because it shares someone's personal account of what a spiritual journey with Oneness might look like. Oneness teaches spiritual concepts, while *Journey to Oneness* teaches by someone else's example. While you will find several tangible examples of Oneness's teachings in this book, that does not mean *Journey to Oneness* includes every single concept that was introduced to us in Oneness in the way you would expect (although I would guess at least almost everything from Oneness was represented in varying degrees). In this book Rasha details her own life-changing experiences--the loss of her job, marriage, and family--that led her to go through this journey. She shares her leap of faith, and the fears and challenges that came with it, as she deepened her spirituality and communed with Oneness while living in various parts of the US (mainly New Mexico) and throughout India. During this time she also dealt with manifested projections of her own shadow material: negative experiences that reflected parts of herself that had not yet ascended. You think spirituality is always lovely and pretty smelling? Think again! :) On the one hand she regularly communed and conversed with Oneness, gods, and ancient gurus, all the while obtaining magnificent states of bliss, but in between those times she would encounter challenging situations that would test her limits time and again. My experience with *Journey to Oneness* was very similar to Oneness in that I felt a connection in the way this book "spoke" to me. Many times throughout this book I gained insights that were relevant to my own life. One thing Rasha struggled with was whether a guru is necessary for spiritual growth or enlightenment. (It's not.) Another theme that kept coming up is that nobody, no matter what other books say, can define or describe what spiritual enlightenment will look or be like. This is because it is different for everyone, which is something Rasha also had to come to terms with. We learn through Rasha's conversations with Oneness that the journey to spiritual enlightenment is very personal and unique. No one spiritual journey is ever the same as another person's and that is why we shouldn't compare our experiences to someone else. At about 550 pages this book is pretty long, but keep in mind that Rasha condensed thousands of pages from seven years worth of journal entries in order to create

this manuscript. Yes, the journey is redundant, but that is something I actually appreciated reading about. How else would I learn how tedious a spiritual journey might be unless I actually get a feel of it myself? Additionally, within each experience, no matter how redundant, there are subtle nuances of what it takes to focus on the pure awareness of Oneness. Rasha's journey was painstakingly long, and sometimes tedious as she was continually tested into fine-tuning her focus. Regardless, this book was a page turner for me from beginning to end. If you are looking for a similar version of Oneness then you will be disappointed. However if you are a fan of Oneness who enjoys reading about the spiritual journeys of other people and if you like to gain insight through others' experiences, then this is probably the book for you.

This is an incredible book. I read "Oneness" several years ago and now I read portions of it every day. "A Journey to Oneness" describes the author, Rasha's, spiritual journey while writing "Oneness". There are so many important insights in this book. Two that are particularly meaningful to me are: 1. They repeatedly discuss the difference between our ego and our inner source or soul - our God within. 2. The author describes her out-of-this-world spiritual experiences while she is sitting in stillness and you think, "Now her life will be changed forever". Wrong! The minute she returns to our world of stress and anxiety, she is reacting to it exactly the way most of us do. Our task in this reality is to learn detachment.

This book represents the Rosetta stone of Spirituality. Rasha is involving the reader from the first page in her amazing life story, through good time and bad time. With honesty and humility she reports her daily dialogues with Oneness. She shares with Oneness her anxieties, her fears, her difficulties. She is looking for explanations, reasons and meanings. Rasha shares herself with simplicity and honesty. She reflects our fears, our anxieties, our doubts, our difficulties in facing life challenges. In sharing the divine teaching received she shows in real time how she is applying it to her own daily life. No free lunch not even for Rasha. Her story reveals the divine reality of our human nature. She shares the struggle she went through in learning the lessons. The same lessons that we all face daily in our life. The voice of Oneness cuts through the fog of cultural prejudices and common interpretations. It reveals to our blind eye the deeper truth hidden in every aspect of our daily human life. No philosophy, No intellectualization. An easy but deep intriguing reading. Deep spiritual concepts lose their mystical and obscure intellectual vagueness. They become simple, clear and manageable. Rasha becomes a precious mirror for every one of us. Everyone ready to listen and to see. Each dialogue is an example of how the divinity is pushing to emerge from within.

Rasha is showing the deep meaning of our life and how we can learn to listen and find guidance and wisdom from within.

This is a fantastic book that has had a tremendous impact on me. It landed in my hands at exactly the right time in my life. It has helped me to take the next step in my spiritual journey. Although I am on my own path, I was completely able to relate to Rasha and her experiences. I found it an easier read than "Oneness". It is a beautifully written book and I highly recommend it!

The blessing this book delivers lies in the fact that the reader is able to step out of h/her life and vicariously experience the journey of another spiritual being. Real experience in real time both linear and non-linear make this book a must for those who have read Rasha's other books.

Light years beyond Oneness and The Calling. Conversation with The Christ, Newman Karoli Baba, Hanuman and more, there is nothing to prepare you for this.

This book took me through a journey of my own. As I read and put the book down it seemed as if the stages of my spiritual experience were coinciding with the book. An amazing read, although it is extremely long, it is worth it. Take your time and the experience will be the journey of a lifetime.

Everything Rasha produce is always high quality content

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